
THE DEPARTMENT OF HEALTH AND HUMAN SERVICES (DHHS)

www.ncdhhs.gov

DHHS advocates for citizens age 60 and older and their families and helps younger generations prepare to enjoy their later years. Its divisions and offices enrich the lives of older North Carolinians by:

- supporting safe and stable living arrangements
- enhancing self-sufficiency
- enhancing quality of life
- supporting family caregivers
- safeguarding the rights and interests of older people
- involving older people in the planning and evaluating of programs
- promoting health care for older people
- promoting independent living.

Division of Aging and Adult Services (DAAS)

www.ncdhhs.gov/aging

HOME AND COMMUNITY SERVICES

Working with 17 Area Agencies on Aging (AAAs) and more than 430 public and private local organizations, DAAS supports a wide range of home and community-based services. The division also helps develop and strengthen senior centers as resources for communities all across the State. The array of services and programs offered varies from one county to another based on local need and other factors particular to a county. Described below are the various services that are available under the State's Home and Community Care Block Grant (HCCBG), authorized by NCGS 143B-181.1(a)(11).

Adult Day Care and Adult Day Health Care provide organized programs of services during the day in community group settings for the purpose of supporting the personal independence of older adults and promoting their social, physical, and emotional well-being. Programs must offer a variety of activities designed to meet the individual needs and interests of the participants, including referral to and assistance in using other community resources. In addition, providers of adult day health services, as the name implies, offer health care services to meet the needs of individual participants. These two adult day services are considered to be "core long-term care services." Providers of adult day care must meet North Carolina State Standards for Certification, which are administrative rules (10 NCAC 42E) set by the Social Services Commission and enforced by DAAS. Providers of adult day health care must similarly meet administrative rules set by the Social Services Commission (10 NCAC 42Z) and enforced by the DAAS. Routine monitoring of compliance is performed by adult day care coordinators located at county departments of social services (DSSs). Centers may be certified to provide adult day care (49 in the state

on January 1, 2007), adult day health care (3), or both types of care (55); as of January 1, 2007 there were a total of 107 programs in 57 counties. There were 95 older adults reportedly waiting for adult day care services under the HCCBG (up from 55 in 2004), and 69 waiting for adult day health services (up from 24 in 2004).

Another funding source for adult day services is the State Adult Day Care Fund, which is budgeted through the Division of Social Services and administered by the DAAS. In SFY 2005-06, county departments of social services spent over \$3.8 million from the State Adult Day Care Fund to support 1,284 older and disabled clients of adult day care and health.

Care Management, another "core long-term care service," is a coordinated care function that incorporates case finding, assessment, care planning, negotiation, care plan implementation, monitoring, and advocacy to assist clients and their families with complex needs in obtaining appropriate services. In SFY 2005-06 224 people in 9 counties were served by care management services under HCCBG.

Congregate Nutrition provides a meal (typically lunch) that contains one-third of the Recommended Dietary Allowances in a group setting to persons age 60 and older and their spouses. In SFY 2005-2006 26,778 participants were served and \$10,919,120 in HCCBG funds was spent on these services. The DAAS is also working with the Division of Public Health and the North Carolina Department of Agriculture to operate the Senior Farmers' Market Nutrition Program for older participants with low income. In SFY 2005-2006 the Farmers' Market program provided free locally grown fruits and vegetables to 2,965 participants in 19 counties.